



Tablet of Light:

Reclaiming
Ancient Power
in Modern
Times

CHEMA CHAJIUZA

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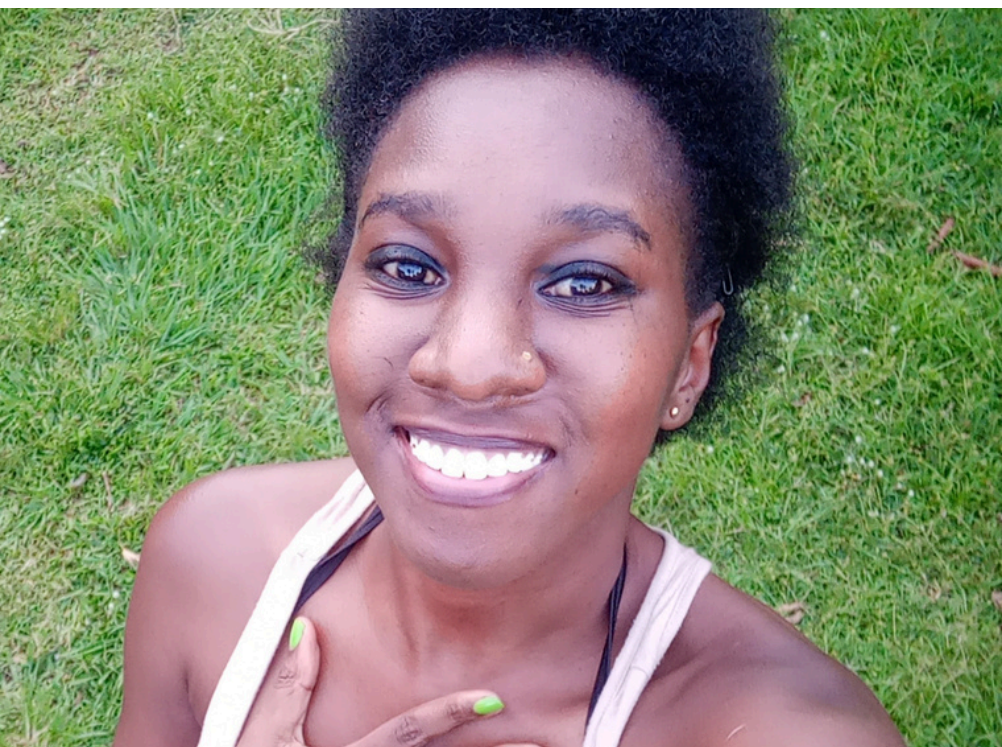
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ABOUT US

As within, so without

Life can either happen to you or happen from you. As you are within, so are you without. Chema Chajiiza starts you on that journey within so that you connect to your power and your inner light which makes your aura radiate through as you become a being of light, just as you are at your core.

In this light, everything is possible and here, you begin to see just how possible these words are. You run the world!

In this space, you create, just as is your essence and you start to discover that we are all one, with purpose, direction, meaning, prosperity, abundance, joy, peace, and most of all, immense unconditional love

Mercy June Juma is a Psychologist by profession. She is a fashion enthusiast and the Founder of Chema Chajiiza.

She lives in Kenya and is currently running a seminar program meant to help people connect to their inner power, and purpose and also connect to their inner light so that they live lives of abundance and prosperity.

She is a lover of animals and her nose seems to always be stuck in a book. Her world is surrounded by beauty, music, art, literature, nature, and love!

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Chapter One: The Flame Within

"Man is in the process of changing to forms that
are not of this world. Grows he in time to the
formless — a plane on the cycle above."
— The Emerald Tablets

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Chapter Two: Secrets of the Halls of Amenti

"Deep in Earth's heart lie the Halls of Amenti, far
beneath the islands of sunken Atlantis. Halls of the
Dead and halls of the Living, bathed in the fire of
the Infinite ALL."
—The Emerald Tablets

The Chamber of the Flame Eternal

Thoth describes a great flame at the heart of Amenti—the central fire of renewal. Souls passing through this chamber are purified by fire that does not burn, but enlightens. Here, illusions dissolve. The ego, attachments, false memories, karmic patterns—all are bathed in light.

It is said that Thoth himself returns to this flame regularly, to rejuvenate his being and remain aligned with cosmic will.

You, too, can access this inner flame. In meditation, visualize yourself standing before a colossal fire. Feel it entering your heart, burning away what no longer serves. Let it consume your fears. Let it awaken your truth.

This chamber is not only for purification but activation. Many report feeling bursts of insight, cellular healing, or messages from higher guides after such inner journeys. Some initiates describe hearing the Flame speak—not in words, but through resonance.

The message is always personal, yet universally empowering: You are Light, and Light cannot be extinguished

The Gift of Amenti: Immortality of Consciousness

Thoth did not fear death because he mastered it. He understood that consciousness is immortal, and that the body is a temporary garment. Through Amenti, he attained the ability to pass from life to life while maintaining memory, wisdom, and identity. This is what it means to become deathless. Not to live forever in one body, but to become a traveler of dimensions, a keeper of light, aware and sovereign beyond the veil.

You are meant for this. Your soul chose this journey not to suffer, but to awaken. The Halls of Amenti are not fiction, nor fantasy. They are a mirror of your divine origin. You have walked them before. You will walk them again. But in this life, you are invited to do so consciously.

Let this chapter be your map.

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Chapter Three: The Keys of Wisdom and Power

"Know ye that in the pyramid I builded are the keys
that shall show ye the Way into life."
—The Emerald Tablets

2. The Second Key: Polarity and the Balance of Opposites

The universe functions on the interplay of opposites: light and dark, stillness and motion, masculine and feminine. The Second Key reveals that mastery comes not from resisting duality, but from balancing it.

Thoth teaches that every energy contains its opposite. Heat contains cold, motion contains stillness, and so too does fear contain courage. The wise do not flee shadow—they integrate it. To command the forces of the world, you must first command them within yourself.

Initiate's Wisdom: When emotion stirs—anger, fear, doubt—pause. Do not suppress it.

Observe it. Ask: What is its opposite? How can I find the middle pillar between them?

The middle path is the staff of power.

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Chapter Four: The Watchers and the Hidden Ones

"Mighty are they of the Hidden Presence, patient
with the children of men. Ever have they walked
with me, guarding the threshold of power."
—The Emerald Tablets

2. The Hidden Ones: Masters of the Inner Earth

Beneath the surface of the Earth—and beneath the surface of our consciousness—reside those Thoth calls the Hidden Ones. These are ancient beings, remnants of advanced civilizations like Atlantis and Lemuria, who chose not extinction, but withdrawal.

From inner sanctums deep within the planet, they continue their work in silence, maintaining the energetic harmony of Earth and preparing for humanity's reawakening.

In esoteric lore, these beings are known as the Agarthans, the Shining Ones, or the Inner Earth Councils. They are said to dwell in crystalline cities such as Shamballa and Telos, vibrationally shielded from detection.

“Deep in Earth’s heart lie the Halls of Amenti, far beneath the islands of sunken Atlantis.” —The Emerald Tablets

Their Purpose

- Preserving the original Atlantean knowledge
- Monitoring the vibrational frequency of the surface world
- Preparing for the reunification of surface and inner civilizations when humanity is ready

They are highly evolved, telepathic, and live in alignment with spiritual law. Their technology is energetic, based on frequency, and powered by consciousness. They have watched for eons, waiting for the day when humanity awakens from its collective sleep.

5. Council of the Flame: The Watchers of Destiny

At the highest level of soul governance lies what Thoth calls the Council of the Flame.

These are Elohim-like beings, part of the Solar Hierarchy, who oversee the evolution of entire planetary systems.

Each soul has a connection to a specific ray of this Council—based on soul lineage, purpose, and karmic history. These rays are like divine frequencies:

- The Blue Ray: Power and Protection
- The Golden Ray: Wisdom and Illumination
- The Pink Ray: Love and Harmony
- The White Ray: Purity and Ascension
- The Green Ray: Healing and Truth
- The Violet Ray: Transmutation and Freedom
- The Ruby Ray: Service and Peace

By attuning to your ray, you align with your soul's original code.

Attunement Practice: In meditation, ask: "Which Ray governs my soul?" Visualize the rays as beams of colored light. The one that draws you in, warms you, or causes emotion is your primary ray. Align your path accordingly.

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Chapter Five: The Ascension Path

"List ye, O man, to the voice of wisdom. List to the
voice of Thoth, the Atlantean. Freeing thee from
the bondage of night, opening the way of
enlightenment."
—The Emerald Tablets

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Chapter Six: The Law of One

"Know ye, O man, that all is One. All that exists
comes forth from the Light. From the great Light
came forth all things, all created by the thought of
the One."

—The Emerald Tablets

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Chapter Seven: The Wheel of Time and the Keys of Immortality

"Time is the great illusion, yet it binds all who
forget the eternal. Know ye, O seeker, that to
master time is to master thyself."
—The Emerald Tablets

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Chapter Eight: Sacred Geometry and the Language of Creation

"List ye, O man, to the voice of the wisdom. List to
the voice of Thoth, the Atlantean. Conquered have
I the Law of Time. Space have I conquered as well."
—The Emerald Tablets

4. The Role of Solar Light: The Sun as Alchemical Teacher

The sun was revered in every ancient civilization—not only as a giver of life, but as a transmitter of codes. Thoth often refers to the Solar Logos—the consciousness of the central sun—as a force that feeds and uplifts the soul. Light Alchemy involves working with solar frequencies to awaken dormant aspects of your being.

Practical Application:

- Sun Gazing (during sunrise or sunset) for a few seconds to absorb light codes
- Solar breathwork—visualizing golden light entering through your crown or third eye
- Meditating on Ra, Aten, or Helios—archetypes of solar consciousness
-

By tuning into the frequency of the sun—not just its light, but its intelligence—you activate what Thoth called the solar body, the divine vehicle capable of existing in higher dimensions.

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Chapter Ten: The Twelve Portals of Power

"Twelve are the stations of the soul upon the path
of return. Twelve the gates of light, through which
the perfected must pass."
—The Emerald Tablets

2. Portal 1: Root of Foundation – “I Am Anchored”

Location: Base of the spine

Element: Earth

Function: Grounding, survival, incarnation
Power Word: Presence

This portal anchors the soul into physical form. It is your connection to the Earth grid and your ancestral lineage. When open, you feel safe, supported, and deeply rooted in purpose.

Affirmation:

"I am rooted in divine strength. I am safe in this world. I belong."

8. Portal 7: Crown of Illumination – “I Am Connection”

Location: Top of the head

Element: Stellar

Function: Spiritual connection, divine wisdom, downloads

Power Word: Knowing

This portal is your direct link to Source. When it blooms, the soul drinks in light from higher realms. This is where divine insight, downloads, and communion flow.

Affirmation:

"I am open to divine wisdom. I am one with the infinite light."

9. Portal 8: Soul Star Gate – “I Am Light Embodied”

Location: 6–12 inches above the crown

Element: Cosmic ether

Function: Akashic memory, soul contracts, higher self integration

Power Word: Memory

This portal is the archive of your soul’s journey. Through it, you access the records of past lives, ancestral wisdom, and your soul’s true mission.

Practice:

During meditation, visualize a silver or golden disc above your head. See light streaming in through the crown and anchoring into your body.

Affirmation:

"I remember who I am. I walk the path of my divine blueprint."

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Chapter Eleven: The Keys of Time and Space

"Time is the illusion through which the soul
remembers itself. Space is the mirror that reflects
the Self into form."

—Interpretation of The Emerald Tablets

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Chapter Twelve: The Art of Light Manifestation

"Speak the Word. Shape the Ether. Form follows
vibration."

—Emerald Tablet Interpretation

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Chapter Thirteen: The Temple of the Heart

"Open ye the gateway of Light that lies in the
center of thy being. There shall ye find the key to
all power."
—The Emerald Tablets

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Chapter Fourteen: The Merkaba Light Body — Vehicle of Ascension

"Raise thou thine eyes to the light, and see the
body of light that is thine. Know that thou art the
light, and the light is the bridge."
—The Emerald Tablets

2. Sacred Geometry: The Blueprint of the Merkaba

The Merkaba is composed of two interlocked tetrahedrons—one spinning clockwise, the other counterclockwise. This three-dimensional star tetrahedron holds divine symmetry, mimicking the flow of energy in and out of the soul's core.

- The upward-pointing tetrahedron represents masculine energy, spirit, and ascension.
- The downward-pointing tetrahedron symbolizes feminine energy, matter, and grounding.

Together, they form a balanced field, allowing the soul to ascend while still being anchored in embodiment.

In its activated state, the Merkaba spins at the speed of light, enveloping the body in a field of divine protection, enhanced perception, and multidimensional access.

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Chapter Fifteen: The
Seven Lords of the
Cycles — Guardians of
Time and Destiny

"Seven are the Lords of the Cycled, coming from
beyond time and space. They dwell in dimensions
unseen, governing the flow of what you call fate."
—The Emerald Tablets

7. Working with the Lords: Invocation and Alignment

You can call upon the energy of the Seven in meditation or ritual. They respond not to words, but to intention, purity, and readiness. Here is a simple invocation practice:

Cycle Alignment Meditation

1. Sit in stillness. Place your hands over your heart.
2. Speak aloud or in silence:
3. "I call upon the Seven Lords of the Cycles, guardians of time, balance, and transformation. Align me now with the highest rhythm of my soul's journey."
4. Breathe and listen. You may see flashes of light, feel energetic shifts, or sense presences.
5. Ask inwardly:
6. "Which cycle am I in now? What lesson is being taught?"
7. Close with gratitude, sealing your field in golden light.

Do this during equinoxes, solstices, moon phases, or major life transitions. You will begin to sense the deeper currents behind events, and make choices in alignment with divine timing.

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Chapter Sixteen: The
Universal Mind —
Returning to the Source
of All

"Deep in the silence, I touched the Mind of the All.
Beyond words, beyond form, it spoke in Light. And
I remembered: I am That."
—The Emerald Tablets

10. Final Reflection: Becoming the Universal Mind in Form

To awaken is to no longer think of yourself as human trying to reach God. It is to know yourself as God-consciousness having a temporary human experience.

You are not the thought—you are the thinker.

You are not the form—you are the field.

You are the Universal Mind learning itself through the mirror of limitation.

And now, the mirror is cracking.

Behind it, the light is waiting.

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Chapter Seventeen: The Return to the Source — Embodying the Light

"And when the seeker has walked the path and
heard the whispers of the flame within, they find, as
I did, that the light was never outside them. It was
always within."

—Inspired by the Emerald Tablets

ASK FOR SUPPORT

Dear Reader,

As you've journeyed through these teachings, you may feel called to go deeper. Would you benefit from continued guidance, community support, or personal mentorship rooted in the wisdom of Tablet of Light? Whether you're seeking clarity, healing, or spiritual expansion, I'd love to know if additional resources—such as workshops, courses, or private sessions—would support your path. If this resonates with you, please let me know. Your journey doesn't end here; it evolves. I'm here to walk beside you.



If the teachings in Tablet of Light awakened something within you, your journey doesn't have to end here. Many have asked for deeper support—through courses, mentorship, or spiritual community. If you feel called to continue growing and integrating these ancient truths, I invite you to visit my website: www.chemachajiua.com. There, you'll find resources, events, and opportunities to expand your light even further. This path is sacred, and you don't have to walk it alone.

With love and luminous energy,
Chema Chajiua

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As within, so without